TRÄNA SMARTARE. INTE NÖDVÄNDIGTVIS HÅRDARE.

Med hjälp av Tempo Trainer Pro





Develop consistency and avoid lulls with a personal pace coach, the Tempo Trainer Pro. The small, waterproof device easily secures under a swimmer's cap and transmits an audible tempo beep. Athletes use the beep to train smarter and discover their perfect pace. Now with the option to replace the battery, the Tempo Trainer Pro will last multiple lifetimes. The advanced unit also has a new Sync button and a new mode in strokes/strides per minute for increased functionality. The Tempo Trainer Pro includes a clip for dry land exercise.

Audible Beep

Loud enough to hear in and out of water Use the Beeps to set an ideal stroke rate.

Adjustable

Tempo can be adjusted by 1/100 of a second

Replaceable Battery

Allows for an extended life

Sync Button

Synchronize the device to a pace clock or stopwatch

- 3 Modes
- \circ Single beep from to 0.20 seconds to 99.99 seconds
 - o Triple beep from 1 second to 9:59 minutes
 - o Single beep in strokes/strides per minute
 - Perfect for Pacing

Consistent stroke tempo eliminates lulls in races or workouts

Multi Sport

Applicable for swimming, biking, running and more

Floatation

Unit floats in water

- Small Convenient Size
 Easily place under swim cap
- Dryland Clip Included

Use the removable clip to secure to clothing



www.freker.se info@freker.se 042 34 76 70